

## Commanders



Riggs

**“We all must be vigilant in school bus and pedestrian safety.”**

Summer passed quickly, and now school is back in session on Fort Carson, as well as in the surrounding areas.

For about three months we've been free to travel the streets and roads in front of schools without thinking about it. Likewise, we've been driving through housing areas during the periods when children travel to and from school, on and off post, without watching for children.

That's all changed. Now that children are back in school, we all have to be on the alert.

Excited children walking along roads going to or coming from school, will be talking with their friends, and their attention may be diverted.

We, as motorists, must be alert, especially in the vicinity of schools and housing areas. We need to pay special attention to yellow school zone signs and flashing yellow lights when they are in use. Slow down, obey the

speed rules, be alert for children.

And we have to watch out for those yellow school buses.

In accordance with Colorado law, motorists must come to a complete stop when a school bus displays a stop sign and flashing red lights. The motorist must remain at a standstill until the stop sign is turned off and the red lights are extinguished. School District 8 reports that 50 to 60 incidents are reported by bus drivers in Fountain alone, in which drivers did not stop for school buses loading or unloading. That's an incredible number of drivers, not only violating the law, but disregarding the safety of children!

I don't expect drivers on Fort Carson to behave that way. But maybe we need a reminder about student safety, since we've had school vacation for the past three months.

The military police will be patrolling the school areas and will strictly enforce school zone speed limits. Radar and routine patrols will be used.

District 8 has numerous buses on Fort Carson during the school day. Not only are children picked up in the morning and returned in the afternoon from the designated bus stops, school buses make house-to-house stops for special education and preschool students. Some of those buses also run about noon. We need to be alert for buses and children

throughout the day.

Another area of concern is students on foot. Be alert for those students leaving Carson Middle School and walking to the Youth Services Center after school.

Beacon Primary School is on a year-round program, and the school calendar there doesn't necessarily coincide with the other schools on post. Since Beacon is co-located in the same building with School Age Services, motorists need to be especially careful in that high-traffic area.

Parents should also discuss safety procedures with their children. They may have forgotten the rules about boarding buses, crossing only at crosswalks, and looking both ways before entering the street. Experts tell us that kindergartners and first graders are at the greatest risk.

If possible, parents should escort children to the designated bus stop and monitor boarding.

We all must be vigilant in school bus and pedestrian safety.

Although we've addressed school bus and student safety on post, of course the same general principles apply to soldiers and employees who live in surrounding communities. Most schools are beginning this week or next, and we need to be aware of students and buses in the areas in which we live and work.

# Sound Off!

**What safety tips would you offer kids going to and from school?**



Danielle Conroy  
Family member  
Don't talk to strangers. Walk in a group.



Joyce Luken  
Army Community Services  
Make sure to look both ways before crossing the street.



Master Sgt. David Jerrow  
HHC, 43rd  
To not walk alone they should always walk with friends.



Sgt. Tracy Jordan  
HHC USA  
Don't stop and talk to strangers.

## Mountain Post Team MVP

### Colorado Inn staff



This week's Most Valuable Players are staff members at the Colorado Inn, namely Michael Haze and Patricia Mikita, for excellent service rendered to an Army family in need.

An accident suffered by Capt. Gregory Gosselin resulted in a need for him and his family to live in wheelchair accessible quarters. Through the efforts of Haze and Mikita, the only fully accessible housing

This feature in the Mountaineer will spotlight a soldier, Department of the Army civilian, retiree, family member or volunteer each week for an outstanding act or performance. We need nominations to run this feature every week. Each week, the MVP will be selected from nominations from the Fort Carson community. Nominations should include the person's full name, rank or title, what they did that resulted in the nomination and a phone number where they can be reached. The deadline for nominations is 3 p.m. Thursday for the following week's Mountaineer. Nominations can be faxed to 526-1021 or mailed to:

Mountaineer  
Public Affairs Office, Building 1430  
Fort Carson, CO 80913-5000.  
For more information, call 526-4144.

#### MOUNTAINEER

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Releases from outside sources are so indicated. Army News Service (ARNEWS) releases are received from Headquarters, Department of the Army. The deadline for submissions to the Mountaineer is close of business the Friday before the issue the submission will appear in. The Mountaineer staff reserves the right to edit the submissions for newspaper style, clarity and typographical errors.

Public Affairs Policies and statements reflected in the news and editorial columns represent views of

# New tattoo and piercing policy takes effect

by Gerry J. Gilmore  
Army News Service

Soldiers in and out of uniform are now prohibited from displaying pierced body parts while on military installations worldwide, except for female troops with pierced ears.

The prohibition on piercing is included among several changes in Army Regulation 670-1, Wear and Appearance of Army Uniforms and Insignia, which took effect Aug. 6, said Sgt. Maj. Larry L. Strickland, the Office of the Deputy Chief of Staff for Personnel's senior enlisted person. Strickland discussed those changes with Soldiers Radio and Television reporter Sgt. Jennifer Braden during an Aug. 5 Pentagon interview.

Other 670-1 changes, Strickland told Braden, involve the wearing of tattoos, to include the prohibition of certain types of tattoos; the wearing of backpacks and shoulder bags; conditions of wear of the Physical Fitness and Battle Dress uniforms; and finger-rail polish.

A DCSPER message released in June outlines the changes. Secretary of the Army Louis Caldera reviewed the changes and signed off on them Aug. 6, Strickland said.

(Army Regulation) 670-1 was six years old, and, as with any regulation, there is a point in time for updates, Strickland said. One of the things that came from the MACOM command sergeants major... was a request from the field (for) more specificity in 670-1 for clarity so that they wouldn't have to make (so

many) judgment calls [about uniform and appearance issues).

Pertaining to body piercing, the DCSPER message reads: No attaching, affixing or displaying objects, articles, jewelry or ornamentation to or through the skin (is authorized) while in uniform, in civilian clothes while on duty, or in civilian clothes off duty on any military installation or places under military control.

According to Strickland, the uniform and appearance changes weren't made in a vacuum. Commanders, noncommissioned officers and other enlisted soldiers in the field, young and old, formed process action teams to discuss the proposed changes and provide input to the Department of the Army. There were recommendations from the field to prohibit soldiers from displaying pierced body parts off post, too, Strickland said.

The actual recommendation that went to the DCSPER (Lt. Gen. Frederick E. Vollrath) was that males (soldiers) be prohibited from wearing earrings and other body piercing on and off duty, on and off post, Strickland said.

When it got to the DCSPER, he tempered that (recommendation).

To prohibit soldiers from wearing pierced earrings or displaying other pierced body parts when off duty, off post and out of uniform would be policy that wasn't enforceable, Strickland said.

Female soldiers are authorized to wear pierced earrings on Army posts while off duty, and may still wear approved pierced earrings

while in uniform, said Master Sgt. Debra Wylie, the Uniform Policies Officer within the Army's Office of the Deputy Chief of Staff for Personnel.

Strickland said soldiers have a military image to project to the public, an image that can clash against pop culture embraced by young civilians. Inappropriate tattoos, pierced body parts, multi-hue-dyed or sculpted hair designs and other personal appearance fads, he said, are just out of place in today's Army as duck-tail haircuts were verboten in the 50s and prophet-length hair during the 60s and 70s. We keep in mind that we are a uniformed service, Strickland said. There is an exception, in fact it is written in 670-1, about the requirement for us to maintain a soldierly appearance ... whether or not you are in uniform or civilian clothes.

The 670-1 update also prohibits visible tattoos or brands on the neck, face or head, according to the DCSPER message. The message also says tattoos on other areas of the body that are prejudicial to good order and discipline are prohibited. Additionally, any type of tattoo or brand that is visible while wearing a Class A uniform and detracts from a soldierly appearance is prohibited, according to the DCSPER message.

Prospective recruits are screened to see if they meet updated 670-1 criteria, said Frank A. Shaffery, Chief, Plans, Policy, Programs and

See Policy, Page 4

# Policy

From Page 3

Waiivers Division, Headquarters, U.S. Army Recruiting Command, Fort Knox, Ky., during a telephone interview with Army News Service.

Certain types of tattoos, Shaffery said, could also be indicators of gang or extremist ideology, something the Army doesn't want in its ranks.

A person who has a tattoo that is vulgar, profane, racist, lewd or offensive in any manner is denied enlistment, unless the offending tattoo is modified or removed, Shaffery said.

Recruiters have a pamphlet that contains indicators, to include certain types of tattoos, of gang or extremist group involvement.

Any person with a tattoo on the head, neck or face is disqualified from enlistment or appointment (of ficer, warrant of ficer, Of ficer Candidate School), Shaffery said.

If a recruit takes (an entrance physical) and the Army doctor sees body piercing, the doctor will discuss it from a medical point of view, Shaffery said. The Army guidance counselor will then inform the individual about Army policy on body piercing, he said.

Junior enlisted soldiers considering getting a tattoo should just exercise common sense, Wylie said, and first ask their noncommis-sioned officers which type tattoos are or aren't

appropriate, according to 670-1. NCOs should take care not to mistake family members with tattoos or piercings for soldiers, she said. Not all 670-1 changes are restrictive, Strickland said.

Soldiers may now carry commercial rucksacks, shoulder bags, backpacks, gym bags and like articles over the shoulder while in uniform or on a motorcycle, he said. The articles, however, must be black, with no logos.

The Battle Dress Uniform is now authorized for wear off post, unless local commanders publish an exception to policy, according

**Fort Carson policy on wear of BDUs, physical fitness uniform**

According to Commanding General Policy Letter No. S-3, signed July 20 by Maj. Gen. John M. Riggs, commanding general, Fort Carson soldiers may not wear the battle dress uniform off post except for lunch, going to and from work, paying bills and purchasing necessities (bread, milk, gas, etc.). Additionally, the letter states: The (physical fitness uniform) will not be worn on post at any location other than those designated for unit (physical training) or locations where physicals take place. It may be worn to get gas on post immediately following PT. No part of the PFU is authorized with civilian

to the DCSPER message. However, soldiers are prohibited from wearing BDUs in establishments that primarily serve alcohol. BDUs are not authorized for air travel unless soldiers are taking part in a unit deployment and the mode of transport is for exclusive military use.

Soldiers may now wear the Physical Fitness Uniform on and off duty when they are engaged in physical training on and off military installations when authorized by commanders, according to the DCSPER message. The PFU shirt is now to be worn inside the trunks. The PFU may also be worn in transit between the soldier's quarters and duty station.

Commanders determine PFU wear policy on their installations, according to the message.

Female soldiers may wear lipstick and nail polish with all uniforms, Wylie said, as long as the color is conservative. Wild shades of lipstick and nail polish such as white, gold, purple and blue can't be worn while in uniform, she said.

The hair policy under 670-1 for male and female soldiers remains the same, Wylie said.

Soldiers in the field were encouraged to provide input about the proposed changes, but not everyone will be happy, Strickland said.

I can understand there will be folks out there who won't agree with some other changes, but it's everyone's responsibility to follow policy, Strickland said.

We haven't prohibited (all) tattoos. A sol-



# Community

## Smoke use approved for training by AQCC

by Susan C. Galentine  
DECAM contributing writer

Fort Carson fought for and won a landmark exemption July 17 from the Colorado Department of Public Health and Environment Air Quality Control Commission to use smoke and obscurants for training. By granting the exemption to Colorado Air Quality Regulation 1, soldiers on Fort Carson and Pinon Canyon Maneuver Site now have the state's approval to generate and use smoke in their training.

Smoke, by its very design, tends to obscure visibility up to 100 percent, said Tami Morton, Directorate of Environmental Compliance and Management. However, Reg. 1, did not allow visible obscuration to exceed 20 percent.

Since the issue came to the attention of the state and the Army in 1993, Fort Carson has conducted only limited smoke training under a temporary operating variance. Under the temporary variance, soldiers were allowed to operate at most, seven generators for one-hour durations. With the new training exemption, Fort Carson and PCMS may each vaporize 1,540 gallons of fog oil per day and use any other munitions that produce smoke for up to 12 minutes.

The post, in its arguments to gain the criti-

cal exemption, cited impacts associated with mission readiness and the viability of mission accomplishment. LeRoy Metker and Dr. Wil McCain, toxicologists from the U.S. Army Center for Health Promotion and Preventative Medicine, Aberdeen Proving Ground, Md., flew in to argue the limited toxicological impacts of fog oil in smoke training exercises.

McCain said CHPPM has conducted extensive studies on fog oil smoke and on fog oil itself and have concluded that fog oil is relatively non-toxic. A lethal dose would be equivalent to drinking a whole pint of fog oil or a single exposure of 5,000 milligrams per cubic meter of air. McCain explained that during normal training for 50-meter visibility, the average exposure is 6.2 milligrams per cubic meter of air, almost a thousand times less than what is considered lethal.

Even with CHPPM's convincing arguments the AQCC required additional exemption language to lessen the potential for publicly perceived impacts of the fog oil on the local community. For example, a three-kilometer buffer zone between the actual point of generation and the perimeter of the installation must be maintained, and an observer must be posted to ensure no smoke crosses the installation boundary.

Also arguing for the exemption was Capt. Robert Ryan from the 89th Chemical Company.

My mission at the meeting was to answer the question of why the Army needed an exemption to the current air quality regulations, said Ryan. I did this by showing a video tape of tactical smoke employment, answering questions and discussing the cost of not granting an exemption.

Another argument used in obtaining the exemption was the annual economic impact if smoke was not allowed in training. If training capabilities were compromised, Fort Carson could likely face closure under any upcoming base realignment and closure assessment. Based upon data obtained from Fort Carson Public Affairs office, an annual economic impact of approximately \$621 million a year was projected within a 50-mile radius of Fort Carson.

After working towards an exemption off and on for almost five years, all sides were eager to resolve the issue. The state of Colorado has cooperated with us pretty well to finally close the gap on these issues, said Metker. He also added that the Army has EPA backing on the findings using fog oil.

The day was a victory for Fort Carson

# BOSS quorum addresses soldiers' concerns

by Pfc. Adam Thornton

14th Public Affairs Detachment

The quarterly Better Opportunities for Single Soldiers town hall meeting was held Aug. 13 at McMahon Theater.

The meeting provided soldiers the opportunity to voice their concerns on issues related to their standard of living.

The first topic of discussion addressed soldiers complaints regarding barracks phone service. A Sprint representative fielded the many questions and complaints presented by the soldiers.

Complaints ranged from problems regarding installation fees to non-accessible voice-mail accounts. Other phone service problems brought to the attention of the representative regarded billing errors and an inability for soldiers to call out due to an insufficient number of phone lines.

For soldiers with questions regarding their billing, or other problems, they must speak with a representative at the Barracks Phone Service located in Bldg. 1851, across from Garcia Physical Fitness Center.



When things happen and you are not getting the service you paid for, come in and see us, said the Sprint representative. If we don't have your bill, we can't make the adjustment.

Another efficient method presented to soldiers on how to address future problems with their phone service is to put specific complaints in writing and drop them off at the Barracks Phone Service office.

The other topic of concern presented at the meeting regarded the responsibility of the soldiers in maintaining the barracks in which they live.

These are your rooms, your hallways, your homes, said Master Sgt. Anthony Kaminski, noncommissioned officer in charge

for the Directorate of Public Works.

Hundreds of thousands of dollars are spent on repairs within the barracks which could be easily curbed if soldiers would fix and maintain things as they break, said Kaminski.

Money that could be used for the good of the unit is being spent on costly barracks repairs, he said.

Significant damage sustained within the barracks consists of soldiers disassembling fire alarms, taking apart washing machines and dryers and neglecting the simple unclogging of drains, he said.

Soldiers who come across areas within their barracks in need of repair can fill out a work order form and submit it to R and U.

The system works, but you've got to utilize it, he said.

Soldiers were encouraged to work along with Repair and Utility in order to learn things they can do to make small repairs on their own.

Everybody has to play in order to keep your barracks in good shape, said Kaminski.

For further information on R and U call

Commentary

by Sgt. Eric J. Hansen  
Fort Carson Public Affairs  
Office

Buying a car is as much fun as having a root canal without the anesthesia and having to pay for the bulk of it through TRICARE.

I've had the pleasure of being lied to, cheated and quite frankly taken to the bank by a car dealer. I didn't know who I was more mad at— myself for being jerked around or the person who did the jerking. Sometimes it takes a bad experience to get the best out of life, and this lesson was one I wouldn't forget.

In the July 31 edition of the Mountaineer, Staff Sgt. Michael Foster, 4th Engineer Battalion, wrote about purchasing a car. The article "Show me the money," gave a few tips about buying a car. The advice was good as well as accurate, but I feel there are a few holes to fill in.

Doing your homework is more than getting prequalified for a loan or deciding you want to go with an auto magazine's car of the year award.

After a nightmare of an experience in Georgia I took it to heart and to the book store. Though I

did things in reverse order; buying car first then homework, I still learned quite a lot.

Buying a car shouldn't be a one-week decision. Plan at least six months ahead of the time you want to purchase the car. This gives you time to do some research and acts as a cool-off period of really wanting to buy a car.

The steps to owning a car will vary from person to person, but the boxes should be checked off as you go.

A trip to the library or book store are probably the best place to start. Books unlock the knowledge you'll need to deal with the sharks on the lot. Check out or buy a couple of books that tell in detail what to expect.

Another great source is the World Wide Web. Most libraries have internet access, if you don't.

One site that has information that can save you hundreds, if not thousands of dollars is at [www.edmunds.com](http://www.edmunds.com). Here you can find out what kind of rebates are going on between the factory and dealer, and dealer to buyer. Also, reviews and ratings of the model of car, truck or van you're looking

for.

One piece of information I found useful is knowing what a dealer holdback is. The dealer holdback for American vehicles is three percent of the total manufacturer's suggested retail price, and, for most foreign vehicles, it's two percent.

This holdback is money that can be negotiated with because the dealer gets the money from the factory as long as they sell the vehicle - even below MSRP. Also, the salesman will probably not know anything about it because they don't get a penny of it.

Other discounts that might apply to your new purchase could be in the form of factory to dealer incentives. These incentives are rarely told to the public, but at [edmunds.com](http://edmunds.com) all the incentives and rebates are listed.

Other things to consider during the 15-minute negotiation is paying the destination charge as well as dealer prep or undercoating.

The destination charge is the area the dealer will do their best to stick the consumer with. Dealer prep is probably the biggest profit

margin the dealer will see because so many people will not negotiate on this.

Undercoating by the dealer is useless, never pay for this or even take it. Depending on the manufacturer, this undercoating could negate the factory warranty on the car.

Knowing the game's car dealers play is half the battle and the only way to find out about them is to read about them in books or on the web.

Timing is as important as knowing the game's. The best time to shop is at the end of a month (or, better yet, a quarter), or during the fall months or end of year sales as new models come out.

With the months down, the time of day matters as well. Some of the best deals come just before the closing bell rings. Dealers and managers want to go home like everyone else, but if you have an approved loan or money they want, give them 15 minutes and they'll give you what you want. Other things to consider as well, is if it is raining - when it pours people don't like to shop, and business is slow.

# Fort Carson receives President’s Quality Award

by Sarah Elizabeth  
Army News Service

The International Trade Center in Washington, D. C. was the site of exuberant applause recently as 11 military commands were honored in the President’s Quality Awards Program.

Downsizing the military did not come without costs, said David O. Cooke, Director of Management for the Secretary of Defense. One such cost is the dilemma faced by many military personnel: how to continue producing outstanding services with fewer resources and less manpower. That is precisely the criteria on which the President’s Quality Award is based.

The awards program was designed in 1988 as a response to the demand for improved customer service and a need to cut back big government spending.

The Presidential Award for Quality and the Award for Quality Improvement are awarded on an annual basis and recognize federal organizations that have improved their overall performance in customer service and

effective use of taxpayer dollars. For some, this criteria is met by orchestrating the design and implementation of a new system such as what Fort Carson has done with the transmission test box. Others met the criteria by eliminating two layers of supervisory positions, as did Defense Contract Management Command, Long Island. DCMC Long Island received the Presidential Award for Quality.

The award for Quality Improvement went to the Defense Contract Management Command, New York. Achievement awards were given to the Defense Commissary Agency at Fort Lee, Va., U. S. Army Engineering and Support Center Huntsville, Ala., and U. S. Army Fort Carson. A merit award was received by the U. S. Army Rock Island Arsenal in Illinois. There were three program finalists: the Defense Industrial Supply Center, Tobyhanna Army Depot in Pennsylvania, and the U. S. Army Corps of Engineers Huntington District in West Virginia.

Fort Carson established a

District Support Maintenance program where junior mechanics are trained on advanced diagnostics and repair of the M1A1 tank engine. Fort Carson has also created a hazardous materials control center through which it has saved more than \$1.5 million since 1996.

The Rock Island Arsenal was recognized for sustaining a rate of 99.9 percent manufacturing customer satisfaction since 1994. Rock Island Arsenal also illustrated their excellence by their ISO 9000 certification and a Department of Army CP2 certification. Rock Island is the only government-owned, government-operated facility to be recognized under the Army’s ISO 9000 program.

Tobyhanna Army Depot’s accomplishments included decreasing the total cost of worker’s compensation program 60 percent from 1995 to 1997. The depot is also responsible for saving over \$250 thousand in test equipment calibration costs since 1996.

Competition for this honor is fierce, said Major Brian Selling,

Quality and Reinvention Team Fort Carson.

We expect to take this award hands down next year, Selling said.

Although this is a competition, its main purpose is to create a strong network of exemplary management facilities. The process takes several years of dedication and detailed documentation, but the end result is a smaller, more efficient government entity.

Though these awards focus primarily on saving money and improving customer service, there are other key features. The criteria’s seven categories and 20 items focus on requirements officials said all organizations need to understand thoroughly if they are to realize performance results.

Each organization that receives the PQA must wait another four years before resubmitting an application for consideration. The merit awards are given in recognition of progressive strides as inspiration for continued improvement toward the top honor of the PQA.

Programs such as PQA have

# PROFIS not an easy assignment for medical personnel

Evans Army Community Hospital  
The smell of antiseptic is in the air. There is a sense of sterility as the doctors, nurses, and technicians --with their white starched lab coats and uniforms -- go about their daily hospital routines. The equipment is state of the art. This is the picture most of us have when we think of a hospital and the personnel who work there. This is the image one might have of an assignment to a Medical Activity. The easy life with hot food and laundry service, no worries or field problems.

The reality is approximately 127 of the military physicians, nurses and enlisted personnel at Evans Army Community Hospital are tasked to serve in the Professional Filler System supporting deployable units throughout the world.

There is no air conditioning, no white lab coats and is definitely not the country club scene. BDUs are the uniform of the day, topped off with kevlar and for added comfort, a flak jacket.

In the past, it stood for the Professional Officer Filler System, but it no longer encompasses only officers. Enlisted medical personnel now have the opportunity to excel and are assigned to the growing ranks of PROFIS personnel. EACH has approximately 450 military medical personnel serving the soldiers and families of the Pikes Peak region. Approximately 25 percent of these soldiers are assigned as PROFIS fillers. Currently, 75 percent of the Army nurses stationed at EACH are PROFIS to the 10th Combat Support Hospital.

Therefore, if the 10th CSH deploys, the majority of EACH nurses are ready and eager to join them. The physicians are PROFIS to a variety of units, with the majority PROFIS to the 3rd Armored Cavalry Regiment.

EACH will also deploy eight physicians and 15 nurses in support of Pinon Canyon and NTC rotations this summer. In addition to supporting local units, Evans is tasked with sending soldiers to numerous foreign assignments each year. One does not have to be assigned the distinctive title of PROFIS in order to be offered the opportunity to travel and see the world with the troops. Currently, you'll find staff members in such exotic places as Africa, Asia, Central America and Europe.

As PROFIS, one must be ready to rapidly



# Chapel

An account has been established to receive donations toward the replacement of sanctuary furnishings destroyed during the January fire at Soldiers Memorial Chapel. Send checks or money orders to the chapel or the Installation Chaplain's Office.

A Protestant program The Adventure-Discovering yourself and God's mission in your life will be conducted Aug. 28 from 5:30 to 8 p.m. at Soldiers Memorial Chapel. Dinner will be served and child care is available. To register call by Tuesday. For more information, call Dennis Scheck at 526-5626.

Religious Education Classes need volunteers to serve as teachers and assistants in the Protestant and Catholic Religious Education Programs. If interested, call Miki Feldman at 526-0478.

Protestant women of the Chapel will meet every Tuesday at Soldier's Memorial Chapel from 9 to 11:30 a.m. and 7 p.m. beginning Sept. 1. For more information, call Jennifer Wake at 540-9157 or Nancy Beach at 576-4471.

# Chapel Schedule

## ROMAN CATHOLIC

Chapel	Service	Day	Time	Location	Contact Person
Healer	Mass	Sunday	11 a.m.	Evans Army Hospital	Fr. Gagliardo/526-7386
Healer	Mass	M - W-F	11:45 a.m.	Evans Army Hospital	Fr. Gagliardo/526-7386
Provider	Mass	Sunday	12:15 p.m.	Barkeley & Ellis	Chap. Cavanaugh/526-5769
Soldiers	CCD	Sunday	10:45 a.m.	Nelson & Martinez	Ms. Feldman/526-0478
McMahon	Mass	Sunday	9:30 a.m.	Bldg. 1517	Chap. Cavanaugh/526-5769
Veterans	Mass	Sunday	8 a.m.	Magrath & Tius	Chap. Cavanaugh/526-5769

Changes in worship services due to the fire at Soldiers Memorial Chapel are denoted in bold type.

## LITURGICAL

Provider	Liturgical	Sunday	10:30 a.m.	Barkeley & Ellis	Chap. Brock/526-1473
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## PROTESTANT

Healer	Protestant	Sunday	9 a.m.	Evans Army Hospital	Chap. Tarvin/526-7387
Prussman	Prot/Samoan	Sunday	8 a.m.	Barkeley & Ellis	Chap. Hamrick/526-4206
Provider	Sun. School	Sunday	10:15 a.m.	Barkeley & Ellis	Chap. Duvall/526-4416
Provider	Protestant	Sunday	9 a.m.	Barkeley & Ellis	Chap. Stephen/526-4416
Prussman	Sun. School	Sunday	9:30 a.m.	Barkeley & Prussman	Chap. Giles/526-4206
Prussman	Prot/Gospel	Sunday	11 a.m.	Barkeley & Prussman	Chap. Giles/526-4206
Soldiers	Sun. School	Sunday	9:30 a.m.	Nelson & Martinez Dr.	Scheck/526-5626
McMahon	Protestant	Sunday	11 a.m.	Bldg. 1517	Chap. Cooper/526-8011
Veterans	Protestant	Sunday	9:30 a.m.	Magrath & Tius	Chap. J. Hartranft/524-1822
Veterans	Protestant	Sunday	11 a.m.	Magrath & Tius	Chap. Simo/526-8890

For additional information contact the Installation Chaplain's Office, Bldg. 6227, at 526-5209. For information and a schedule of Jewish Sabbath services, call the U.S. Air Force Academy Cadet Chapel at 333-2636. Normally, free child care is available for infants and preschool age children during on-post worship services. Some worship services offer a children's church for ages 6 to 12.

# Daily Bible Readings

In order to assist in regular scripture reading, the following scriptures are recommended. These are part of the common daily lectionary which is designed to present the entire Bible over a three-year cycle.

- Saturday, Psalms 77 & Job 1-3
- Sunday, Psalms 78 & Job 4-6
- Monday, Psalms 79 & Job 7-9
- Tuesday, Psalms 80 & Job 10-13
- Wednesday, Psalms 81 & Job 13-15
- Thursday, Psalms 82 & Job 16-18

Chaplain s Corner

Commentary  
by Chap. (Capt.) Douglas D. Gibson  
1/68 Armor

John 3:17 (New King James) For God did send his son into the world to condemn the world, but that the world through him might be saved.

This scripture reminds us that without Jesus we are condemned. We are condemned to die. We are condemned to spend eternity without God. We are condemned to a place Jesus referred to as a place where there is a gnashing of teeth. A place where there is torment. A place we call hell.

No matter how we look at it, or how we try to explain it, hell does exist. Jesus tells us we will all be there no matter what ethnic back-

ground nor national origin, because we are all condemned. We are not condemned because of God. We are condemned because of our own sin and the sin of Adam. Through Adam, we inherited the sin nature. In other words, it is not possible that I nor any one count not sin. As a ball that is suspended in air and, when released, falls to the ground, the same is true of everyone who is born of flesh and blood. Only one man, Jesus, has ever lived a perfect life. He came as God in human form and died on the cross. The soldier came and ran his spear up through the chest cavity of Jesus and out came life for you and me. A life was ended so that we could begin life.

We are condemned through the one act of Adam and our own selfish act of sinning.

Jesus died on the cross to bare our sins. In that one point in time, as Jesus hung on the cross, he reached back in history and forward into history to take away sin. Jesus s death on the cross was a free gift given to all mankind that we may not be condemned, but so his righteousness becomes ours and our righteousness becomes his.

In John 3, Jesus tells Nicodemus that he (we) must be born again. What does that mean, to be born again? Have you given it any thought? Does it mean to enter once again into your mother s womb? Does it mean to be baptized into water? Could it mean to be born not of flesh but to be born again in the heart? Does it mean to be born from the inside where man cannot see but God can?

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# Military

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## Flash flood at PCMS teaches soldiers about

by Pvt. Zach Mott  
14th Public Affairs Detachment

Personal belongings, cots, sleeping bags and tents were strewn along a two-mile long, quarter-mile wide chunk of land at Pinon Canyon Maneuver Site after a severe storm caused a flash flood there Aug. 3.

"It felt like the middle of a hurricane," said Spc. Christy Smith, a cook for 64th Forward Support Battalion, while recovering from this storm.

When the cots and tents were swept away the soldiers were left no option but to seek refuge in any sturdy shelter available. This meant vans, mobile kitchen trailers and two-and-a-half ton trucks became their temporary housing.

Many were left with little but the clothes on their backs. However, thanks to the generosity of fellow soldiers, those hit hardest were given dry clothes to wear as everyone pitched in.

"The command group gave us sleeping bags and all of their dry gear for us to wear," Smith said.

Before anyone had a chance to dry off, 100-percent personnel accountability had to be obtained, said Lt. Col. Jim Hodge, commander, 64th FSB.

"(As the storm hit) we were immensely concerned for our soldiers-well-being," Hodge said.

Having recently re-located from a site several miles away, the brigade support area had only a few hours to set up before the storm clouds rolled in and the downpour began.

What began as light rain quickly progressed to something more devastating. Heavier rain, high winds and marble-sized hail rapidly changed part of the dry ground that afternoon into a raging river, said Capt. Ernie Dixon, commander, Bravo Company, 64th FSB.

Most of the units were on higher ground surrounding the soldiers hardest hit, but even that was not enough to stop the damage this storm caused.

Tents crumpled in the wind and vehicles sunk in the mud. Even some of the equipment of the soldiers on the higher ground was swept away.

"The biggest problem with these storms is the wind, so we just tighten everything down a little more," said Sgt. 1st Class Steven Seaman, Co. B, 64th FSB.

Despite the weather conditions, and no sign of let up, soldiers at the BSA were in good spirits.

"Everyone is highly motivated, and every company is helping," said Command Sgt. Maj. Jeff Fruchtenicht, battalion sergeant major, 64th FSB.

If a silver lining could be found it was the way these soldiers responded



**Sergeant Dan Cosner, Charlie Company, Support Battalion, uses a metal detector**

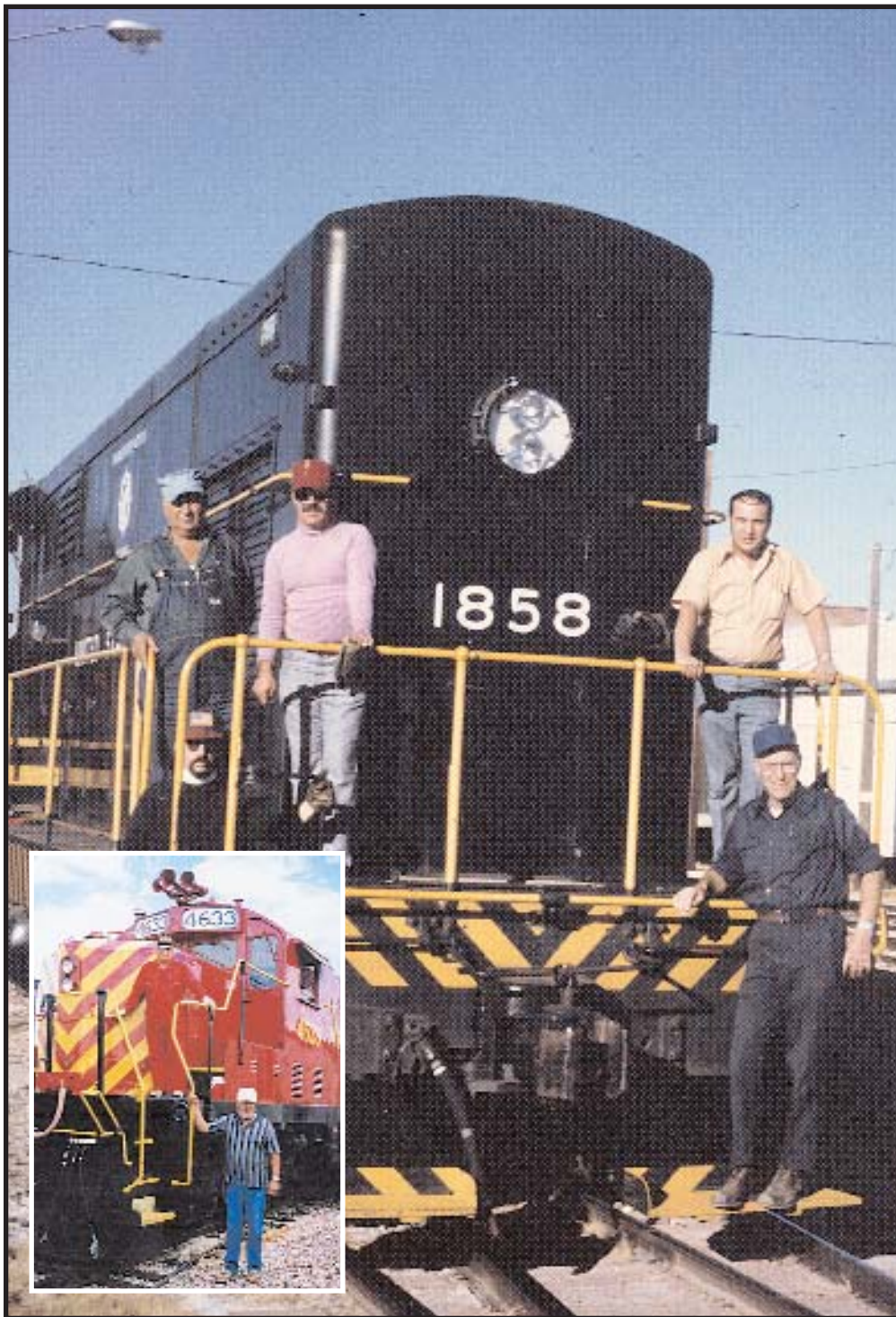
to the adverse conditions.

"After the storm hit, our teamwork went up, we just started working together more," said Pfc. Russell Focht, a cook from Headquarters, Headquarters Company, 1st Battalion, 12th Infantry.

While soldiers from the BSA responded well, they were not the only unit affected by the weather conditions at Pinon Canyon Maneuver Site.

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The train crew in 1972; Andy Gonzales is pictured top right. Inset: Gonzales stands by the new train with Robert Gomez.



Robert Gomez sounds the tra



# JAG corps openings for active duty

by Spc. Jon Parr  
Mountaineer staff

A law school education is far from cheap, but active duty commissioned officers with at least two years and less than six years active duty service can get a law degree at government expense under the Judge Advocate General's Funded Legal Education Program.

The program, designed to bring highly qualified officers from other branches into the JAG corps, is only available once a year to a limited number of officers. According to Lt. Col. Steve Strong, Fort Carson deputy staff judge advocate, a maximum of 15 officers are going to be accepted this year.

Only 15 are accepted, but those soldiers are paid their active-duty pay while going to school, receive a free education and they can pick, with certain limitations, where they attend law school.

In return, all accepted officers must serve an additional six years in the military, after they finish law school. If an officer still owes active duty time when accepted into the program, that time must be served as

well, Strong said.

An example, would be an officer who has a four year ROTC commitment, but only served two years before entering the FLEP program. "This officer would have to serve six years for his FLEP agreement, plus the two years he owes to his ROTC commitment," Strong said.

A lot of benefits are available under this program, but getting accepted is no easy task.

College grades, officer evaluation reports, chain-of-command endorsements, recommendations and a Law School Admission Test, all play rolls in determining who is accepted into the program. An interview with Fort Carson's SJA (Col. Joe Graves) is also documented and put into an applicant's packet.

While the Law School Admission Test is a requirement, Strong said there are no questions about law on the test. It is an aptitude test, concentrating on reading comprehension and logic, Strong said.

All of this information is used by the JAG corps to pick officers for the program. Once the 15 officers are chosen, Strong said they must choose

a university that will allow them to attend law school, while paying in-state tuition. Most state universities allow these soldiers to pay in-state tuition, but there are few private colleges on the list.

While in school, Strong said officers will spend their summer months working in the JAG office of the closest military installation. The summer months spent working in a JAG office provides on the job training.

For three years, chosen officers will attend law school, but when they finish, they must pass the bar exam. "When they graduate, they have to take the bar exam, but they can choose which state exam they want to take," Strong said.

After passing the bar, these JAG officers hit the ground running in different areas of law. According to Strong, new JAG officers usually work in two or three different areas of law during the first JAG Corps tour.

"It is important that they practice in several areas. They usually get a lot of experience in two or three different legal areas, usually criminal, claims, legal assistance or administra-

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**Colbert**

by Sgt. 1st Class Kay M.  
**Colbert**  
**3rd Armored Cavalry  
Regiment**

What do you know about your credit report? Do you know how often you can receive a free copy of your credit report and for what reason? Many people are unedu-

cated when it comes to their personal credit files.

A credit report is used anytime you apply for a loan, insurance, a credit card and even possibly a job. The file contained in your credit report is created by the businesses who give you credit. Credit reporting agencies establish and maintain credit report files, which they in turn give out to their subscribers with your permission. There are three major credit reporting agencies: Experian, TransUnion, and Equifax.

Now, here are the answers to some of the most asked questions about credit reports and credit reporting agencies:

### **How long does credit information stay**

### **on my credit report?**

Negative information stays on your credit for seven years. Bankruptcy is an exception. That will stay on for ten years. That time period begins from the date of the last activity of that account.

### **Who has access to my credit report?**

With your written permission, which is usually given when applying for credit, loans, life insurance, or employment, subscribers of the credit reporting agencies have access to your credit report.

### **Can negative information on my credit report be corrected?**

You can dispute an item in writing to the credit reporting agency. If the subscriber fails to respond to the disputed information, it must be removed.

### **Can advertised credit repair companies help me fix my credit?**

These agencies usually charge high fees and have not been reported to be successful. They have been known to give the client a corrected copy, and then the next credit file received will have the negative information still on it.

The best way to correct errors in your credit

file is to do it yourself. Contact your Command Financial Management Office with the address of the three reporting bureaus.

Once you have received your credit report, requesting a free copy of your credit report is authorized once a year. If an error is detected, you should dispute it and find out what the negative report is about.

The negative report is a discrepancy in writing.

The credit reporting agency must prove that the information is correct. If this information cannot be verified, it must be removed. Once the information is removed, the credit reporting agency will issue a new report.

This can be a time-consuming process, but doing it yourself can save you nothing, and will be done correctly.

If you are having trouble, contact your CFNCO for assistance.

# Dining Schedule

Week of Saturday to Aug. 28

## Weekday Dining Facilities

3rd ACR Patton House (building 2161)  
 3rd ACR CAV House (building 2461)  
 3rd BCT Iron Brigade (building 2061)  
 3rd BCT Mountaineer Inn (building 1369)  
 43rd ASG Cheyenne MTN Inn (building 1040)  
 10th Special Forces Group (building 7481)  
 Butts Army Airfield (building 9612)

## Standard Meal Hours

Mon., Tue., Wed. and Fri.	Thurs.
Breakfast 7:30 to 9 a.m.	5:30 to 7 a.m.
Lunch 11:30 a.m. to 1 p.m.	12 to 1:30 p.m.
Dinner 5 to 6:30 p.m.	4 to 5:30 p.m.

## Exceptions

- Patton House Dining Facility reopens Monday.
- 10th Special Forces Group meal hours are the same Monday to Friday, but do not apply on Thursdays.
- Butts Army Airfield is open for breakfast and lunch only.

## Weekend Dining

3rd ACR CAV I  
 43rd ASG Chey  
 3rd BCT Iron B

Stand

**Brunch** 9 a.  
**Supper** 3:30

# Sports & Leisure

## Fynbo, Crisp lead Army teams to battle

by Walt Johnson  
Mountaineer staff

If things are going as expected, two members of the Fort Carson community will play key roles for the men's and women's softball teams that are battling for the 1998 interservice championships at the Mountain Post Sports complex today.

Dave Crisp and Beth Fynbo are playing pivotal roles for their teams as they try to claim this year's title from teams that are trying to do nothing more than beat them.

Fynbo has been playing softball for as long as she can remember being alive, a situation she thinks was destined for her since she plays like her mother and hits like her father.



Photos by Walt Johnson  
Dave Crisp headlines the powerful men's All-Army softball team.

I think my love of the game began when I was in my mother's womb. She played the game up to a week before she had me, and was playing a week after she had me. Both my mom and dad were avid softball players.

Fynbo was a dedicated fast-pitch player during her early years but says she now has fallen in love with the strategy of the slow pitch game. That love had her playing so well she was coaxed into trying out for the All-Army team by her first sergeant and commander at her technical training school. Still she went to camp with some questions.

I went to camp hoping and praying to make the team, but I also felt if I didn't make it, I would be a better player.

Crisp had been a big time football player, accepting a scholarship to Marshall University, but injuries turned his thoughts to softball. He

has not played on a gold-medal-winning Army team, although he has played on two silver-medal teams. Crisp said if the Army wins this year it will be a victory because of the support of the Army chain of command and the training site at Indiantown Gap, Pa.

I am fortunate that my chain of command allowed me the opportunity to compete on the All-Army team and with the training we received at Indiantown Gap I think we are well prepared for the tournament.

Crisp also knows this may be the last chance he will have to win a gold medal and likes his chances this year because of his teammates.

In '94 and '95 the Army won the gold in the years I didn't play. I figure this is probably my last year and this is the team that needs to do it. We have more power than the teams I



Beth Fynbo runs to first after blasting a single in a scrimmage game between the post women's softball team and the all-Army women's team Tuesday at the Mountain Post Sports Complex.



# Anderson, Medina win Goodwill medals

by Walt Johnson  
Mountaineer staff

Olanda Big O Anderson and John Medina were on the world stage, and there would be nothing standing in the way of them making their mark on the amateur boxing scene but some of the finest fighters in the world.

Would this be the time for them to forget about how talented they are and succumb to the pressure of fighting the best in the world? Or would this be the time to put all the training they have gotten to use and show the world the world class boxing program is ready to produce champions?

The answer—the world had better be ready for some new champions, because Anderson and Medina proved they are ready to be mentioned among the world's best fighters after winning Goodwill games silver and bronze medals respectively. And the best may be yet to come.

Anderson earned his silver medal and Medina his bronze medal at the Goodwill Games in New York City in July. Both fighters had to overcome some impressive international competition to get their medals.

Anderson defeated Cuban boxer Isael Alvarez 12-6 and then Russian Denis Lebedev in a quarterfinal match. He eventually lost a close decision to the world's top ranked fighter in the lightweight class from Cuba.

The first thing to hit Anderson at the games wasn't a punch from any fighter it was the site of the boxing venue.

Boxing at Madison Square Garden was like a dream come true. It's something you

think about and definitely something you want to do as a professional. Also boxing on HBO was kind of nice, Anderson said.

Being in the Goodwill games didn't really hit me until we were at the men's basketball game (at the Garden) watching them play Australia for the gold (medal). That's when it hit me I would be boxing there in a couple of days and it felt good.

Anderson was coming off a disappointing loss at the U.S. Challenge when he clearly was beating his opponent (Anthony Stewart) after three rounds and then a series of events led to him losing a close decision. If ever there was a time for a champion's heart to come out, it would be at the Goodwill games for Anderson, and he delivered the kind of performance you expect from one of the top ranked light heavyweights in the world.

I have learned that I learn the most about boxing from the losses I suffer. I'm used to winning a lot and I realize that when I win I just go back to the gym and keep doing the same thing. When I lose I have to reflect on what happened and work on those things to make me a better fighter.

In Anderson's first fight at the Goodwill games he didn't carry any hangover from the trials, but he did carry with him a trademark of his that anyone who has been around this extraordinary fighter knows is just pre-fight jitters.

The morning before my first fight I had butterflies. I remember going to the bathroom to brush my teeth and I was shaking. I remember thinking this was the biggest competition of my career at this point and I had a

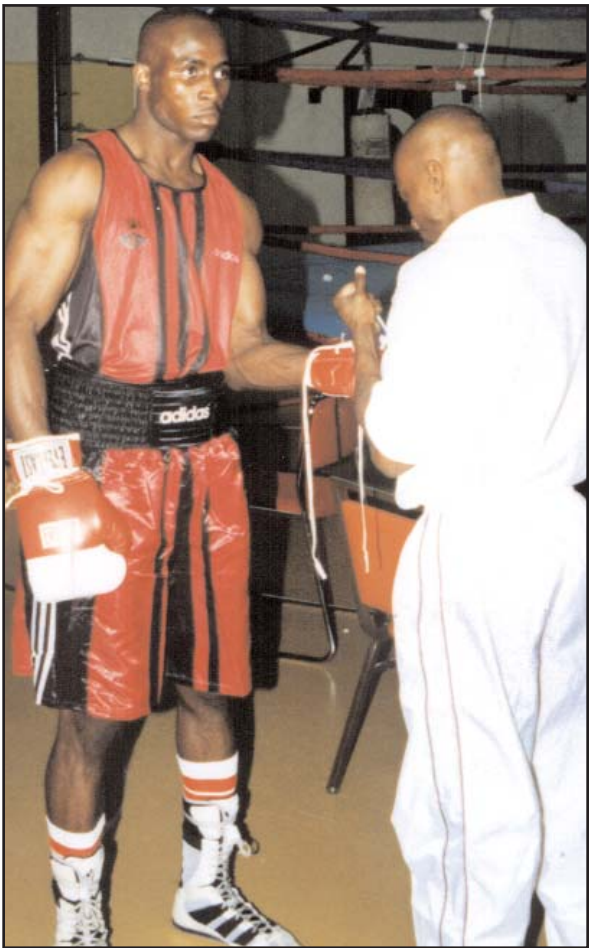


Photo by Walt Johnson

Olanda "Big O" Anderson gets his gloves strapped WCAP head coach Byron Moore.

lot of nervous energy.

That energy went away quickly when he fought an Irish fighter who would catch the brunt of Anderson's nervous energy. He was tall and kept coming forward, pressuring me and backing me into the ropes. But our strate-

See Boxing Page 21

# Boxing —

From Page 20

gy was to back him up and stick and move on him. I landed some good heavy shots.

His second shot was against the Russian fighter and he started slowly. Anderson knew the Russian fighters were technically sound and he kind of felt his opponent out for the first round. Then in the second round he picked up the pace and eventually won the fight by a 5-1 score.

That set up his match against the Cuban gold medal-winning fighter, and he had to fight his nervous energy and the Cuban mystique before he even got into the ring.

Cuban boxers have this mystique and they bring smoke (consistent pressure and heavy hitting). My first round is always slow but in the second round we picked up the pace and he got ahead of me by one point. Suddenly in the third round he was up by eight points and I'm not sure how. We both were scoring points but he got the lead.

In the fourth round Anderson blasted the Cuban a couple of times, but the Cuban's resiliency allowed him to withstand the charge and go on to victory. After the gold medal fight, Anderson was philosophical about what

happened.

I felt pretty good about my performance but it wasn't the same as winning the gold. As the bout was going on I kept saying to myself I can win this fight and we were trying to pick it up. But it was a good feeling to win the silver medal.

Medina, fighting as a flyweight, reached the quarterfinals of the Goodwill Games after scoring a victory over the world's top ranked flyweight, Omar Narvaes of Argentina 9-8. In his next bout which earned him the bronze medal, Medina had difficulty adjusting to the awkward style of Kazakhstan's Yersin Jailauov who won the bout.

It felt good to be fighting in the Garden but it didn't really bother me. Being in the Goodwill Games was big for me though. When I saw how big the games were I knew this was something special a lot of people don't experience.

Medina had a wonderful fight against his Argentine opponent. The fight was close with Medina having a four-point lead going into the fourth round. The Argentine then put on a furious rally that saw him catch Medina on points and going into round five the fight was dead even. The fight stayed that way until about five seconds were left in the fight and Medina really snatched victory from possi-

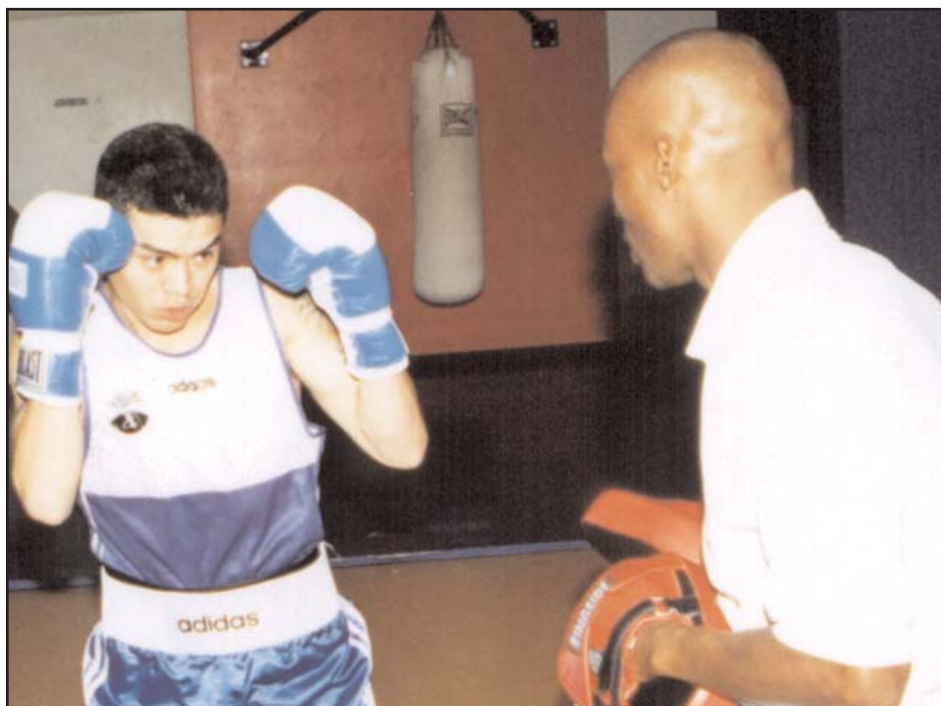


Photo by Walt Johnson

**John Medina, Goodwill Games bronze medalist, prepares for his fight at the U.S. Challenge in June with the help of his head coach Byron Moore.**

ble defeat.

In the fifth round we went at it and I just tried to do what I do best, box and keep him off me. In the last five seconds I hit him with a right hand that gave me the point I needed to win. I didn't realize at the time that the punch would give me the win.

In the quarterfinal, Medina had to face a Kazakhstan fighter who taught Medina a lot about fighting someone with a different style.

He was just awkward and, I just went out there and tried to win the fight. That night he was a

lot better than I was, but I believe if we meet again I will do better.

Medina said he was glad to be in the Goodwill Games because he knows he can fight the best in the world now.

Losing showed me that I can fight with the people who are ranked at the top of the world that are out there. It gave me some experience, and now all I need to do is come here and study the tapes of the fight to see what I need to do next time to beat my opponent under the computer scoring system. The games made

## On the Bench

# 10-mile tryouts begin Saturday for Army team



by Walt Johnson  
Mountaineer staff  
The Fort Carson Sports Division will be hosting three qualification races for the Army 10-mile team beginning Saturday.

The post will send four, six-person teams: men, women, masters and co-ed, to Washington D.C. Oct. 11 to help the post defend the Commander's Cup trophy won last year.

The races will be held Saturday at 7 a.m., Aug. 28 at 8 a.m. and Sept. 2 at 6:30 a.m. Registration and the start of the race will be at the Forrest Fitness Center. There is no charge to run in the race and runners can compete in one or all of the races. After selecting the team, practices will be held Monday, Tuesday, Wednesday and Friday from 6 to 9 a.m. at a site to be determined.

The 3rd Armored Cavalry Regiment supports the race. The point of contact is Lavon Shelton at 576-3974.

The best rugby players in the military community will meet at Fort Carson Sept.

10 to 12 at Pershing Field to decide the 1998 military championship, a competition the Army has dominated over the past four years according to Capt. Moises Guterrez, rugby coach.

The round-robin tournament between the Army, Navy, Air Force, Marines and Coast Guard begins Sept. 10 and runs through Sept. 12 with five games Sept. 10 and five games Sept. 11. The two teams with the best record will meet for the championship Saturday. And the next two teams play for third place. A feature of this tournament is the team that finishes fifth meets a team made up of all the players who didn't play much during the round robin tournament.

The U.S. Army Medical Department Activity unit is sponsoring a 50-mile relay race here Aug. 29, at Evans Army Community Hospital. The race is designed to promote wellness and physical fitness for soldiers, according to Capt. Kim Johaneck.

The 50-mile relay race is open to teams that can have up to 10 runners running any individual distance the team chooses to total 50 miles. Johaneck said the teams could have up to 10 runners because the idea is to pro-

mote fitness not to do something that will be harmful.

The course is run entirely on post, beginning at the hospital. Pre-registration is currently taking place at the hospital. Runners who register before the day of the race will pay a \$15 fee while those registering the day of the race must pay \$18. Also included in the registration is a T-shirt, certificate of completion and medals and trophies for the winners, according to race organizers.

Runners will have a chance to get the carbohydrate boost they will need to run an endurance race the night before the race. All registered runners will receive a free pasta dinner at the hospital's dining facility Aug. 28, beginning at 6 p.m.

The race is scheduled to begin at 6 a.m. and ends at 3 p.m. with awards and a closing ceremony.

The 1998 Fort Carson Women's varsity basketball team will begin tryouts Monday at 5 p.m. at McKibben gym.

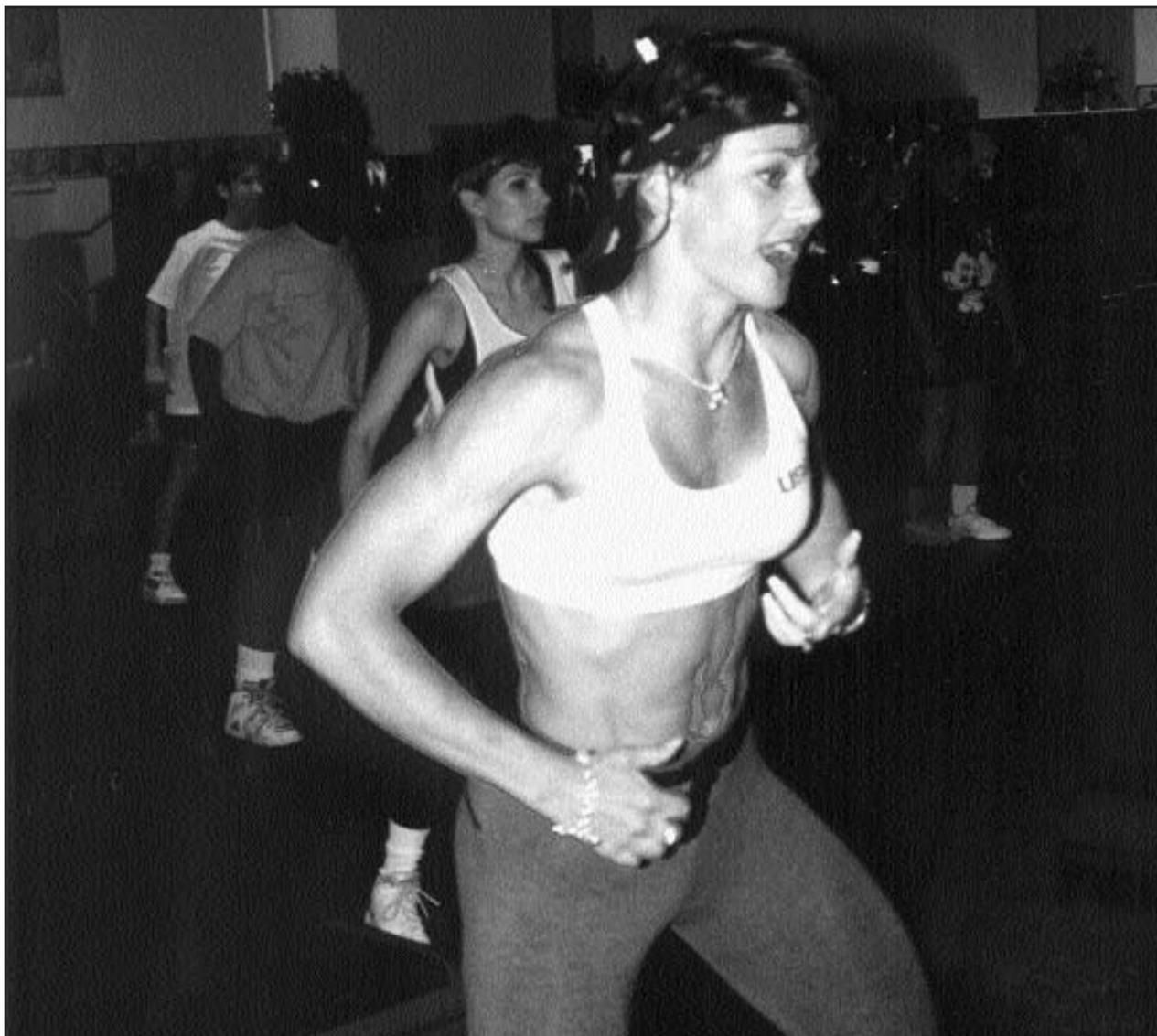
Tryouts will be held every Monday, Wednesday and Friday until Sept. 2. Anyone wishing further information on the tryouts can contact Marcia Olivares at 526-7145 or 7155.



## New aerobics classes at Forrest Fitness Center

photo by Walt Johnson

Christine Schlacter leads the Monday night aerobics class in a work out. The Forrest Fitness Center has hired two new fitness instructors and added more classes. The schedule for aerobic classes at the fitness center is: Monday, Wednesday and Friday with Mary Orange from 5:15 to 6:15 p.m.; Monday and Wednesday from 6:30 to 7:30 p.m. with Schlacter; Tuesday and Thursday from 4:20 to 5:20 p.m. with Elizabeth Casciaro and Tuesday and Thursday from 5:30 to 6:30 p.m. with Inez Horn. Each class cost \$1 per session. For more information on aerobic classes at Forrest Physical Fitness Center, call 526-2706.







Courtesy photos

Among the children's activities at the Colorado State Fair is a watermelon carving contest.

# Food, bands, rides -- fun for all ages at the Colorado State Fair

by Spc. Jon Parr  
Mountaineer Staff



The sweet fragrance of cotton candy drifts through the air. The aroma is so strong, it knocks your sense of smell unconscious and grabs your taste-buds. It puts you in a trance as it forms a finger that taps you on the shoulder. The finger slowly drifts away, pulling you to the source of pleasure. You arrive with money in hand and make an order. When the candy touches your tongue, it melts to the moisture of your mouth and a current rips through your body. When you awake from the trance, screams flow through your ears and you realize where you are the Colorado State Fair.

It only comes once a year, but one of the oldest fairs in the nation is for young and old





The merry-go-round is a popular ride for younger children.

Courtesy photo

## Fair

Kruse, director of the Colorado State Fair. It stats us out on a positive and patriotic role.

**Just**

Travel time

For ages

Type

Fun factor

(Out of 5 stars)

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bands are available good for the ride. Individual tickets recommend the b cheaper in the lo dren. Average ride six coupons.

Other major at Children s Barnya Robinson s Racin

The Forest, Pu Cars, Colorado S Fine Arts Exhibit, mercial exhibits

Going into det exhibits is impos worth viewing.

Food is another Almost all ethnic well as fair favor hand-dipped corn popcorn and ban

Once you ve e losing your lunch might not be your other things to l

There are nu available. Most but there is noth loved one a stuff fair experience u

Game players a horse fanatic a you have someth as you jockey a b for holes that m dart throwers, po pitchers, sharpsh find their niche available.

After a long eating fattening



## Community Events

### ACS

The Family Member Employment Assistance Program offers a Standard Form 171 and Optional Form 612 workshop Wednesday and Sept. 9 from 1 to 3 p.m. These forms are basic federal employment applications.

The workshop provides insight in completing applications and general hints about the most effective ways to describe professional experience.

To register or for more information, call 526-0452.

The Family Member Employment Assistance Program holds a resume workshop Sept. 2 and 16 from 1 to 3 p.m. The workshop includes a variety of resume styles.

For registration and information, call 526-0452.

The Nurturing program is looking for volunteers. Volunteers receive intensive, professional training Monday and Tuesday 9 a.m. to 4 p.m. Active duty volunteers can receive promotion points and there is a child care reimbursement for volunteers.

The Nurturing program for age group 0 to 5 begins Sept. 11 and age group 4 to 12 begins Sept. 14. Registration is Wednesday from 9 a.m. to 3 p.m. at the ACS building.

For more information, call 526-4590.

The Puppet Troupe is looking for volunteers to help support its very important puppet show. Using the nationally known puppets Kids on the Block, volunteers help to deliver this show to area elementary schools. Volunteers will receive free child care.

For more information, call 526-4590.

The Family Advocacy Program is sponsoring a playgroup every Friday morning from 9:30 to 11:30 a.m. at the Spiritual Fitness Center. The group is open to all ages.

For more information, call 526-4590.

Infant Massage Classes are Sept. 8, 15, 22 and 29 from 10 a.m. to noon at the Spiritual Fitness Center. The classes are free and teaches parents to relax and soothe baby, etc. The classes is offered to parents with infants ages 10 months and under. There is childcare for siblings is available. To register call 526-4590.

## Miscellaneous

The Directorate of Community Activities will hold its annual organizational day on the afternoon of Sept. 17. Minimal staffing will be provided to allow DCA personnel to participate in this event.

The Fort Carson Equal Opportunity Office is looking for volunteers to assist with the Hispanic Heritage Month cultural event. Meetings are every Thursday from 1 to 2 p.m. at the Post Physical Fitness Center conference room.

For more information, call 526-3385.

Construction to Gate 1, Nelson Blvd.

### Yard of the month August winners

Shoshoni Village- Sgt. 1st Class Jose Colon and wife, Raquel

Cherokee Village- Sgt. Jesse Byrd and wife, Tracy

Apache Village- Sgt. 1st Class Jeff Gray and wife, Jeanette

Sioux Village- Spc. Jack Byington and wife, Christine

Arapahoe Village- Staff Sgt. Raymond Baum and wife, Martina

Cheyenne Village- Capt. Mario Perez and wife, Dolores

Choctaw Village- Sgt. Scott Secrist and wife, Mary

and State Route 115 is on going and should be completed in October. Gate 1 will remain closed and traffic will be detoured to Gate 2, O Connell boulevard, at Route 115.

The Fort Carson landfill is changing operating hours Sept. 1. The new times are Monday through Friday from 7 a.m. to 2:30 p.m. Relocation of sanitary disposal is just west of Route 5 and Tank trail C, on the landfill road.

For more information, call 526-6676.

A representative from United Concordia will be at Evans Army Community Hospital Sept. 2 from 9 a.m. to noon. The representative will answer questions and concerns about the Active Duty Family Member Dental Plan.

For more information, call Patricia Baca at 526-7174.

Evans Army Community Hospital will be conducting blood drives beginning Tuesday at building 2455 from 8 to 10 a.m. Everyone is invited to donate blood. If interested in having the Bonfil bloodmobile bus come and park outside your office for one hour on Tuesday afternoons call 1-800-750-4483.

TRICARE offers appointments for school physicals. The following dates and times are available: Wednesday and Thursday from 12:30 to 4 p.m. and 29 from 8:30 a.m. to 4 p.m.

The Department of Defense is currently recruiting for its Fight for Life crusade marrow program today at Christopher's restaurant from 8 a.m. to 4 p.m.

Active duty soldiers, family members, civil service employees, National Guardsmen and drilling reservists are encouraged to participate. Racial and ethnic compatibility is the best chance for finding a match which can lead to a cure.

For more information, call 526-7369.

The Pikes Peak/Fort Carson Red Cross offers babysitting classes today and Aug. 29 from 1 to 5 p.m. The cost of the class is \$25 which includes a book.

The class is held at the Fort Carson Red Cross, building 1641. Youths 11 to 15 years of age are welcome.

For more information, call 524-1279.

Directorate of Public Works is announcing cutbacks to post custodial work. If you received service five days a week, it is cut back to three days a week; three days a week to two days a week, and one day a week to every other week. If you have a need for more frequent service, it can only be arranged on a reimbursable basis.

For more information, call 526-9241.

The March of Dimes is hosting a volleyball tournament Sept. 19 and 20 at the Sand Pit's Volleyball and Grill near Kmart on Powers Blvd. The tournament is still accepting teams to compete in the tournament. The teams will help to provide needed funds to help with the prevention of birth defects and infant mortality. For more information, call 473-9981.

The Young Children and Families, Inc., is looking for volunteers to provide service coordination to families that have infants and toddlers with special needs in El Paso County. High school diplomas or equivalent a must.

YCF is looking for foster parents

For more information, call Christine Mahler at 577-9190.

Head Start enrollment is under way for the 1998-99 school year. El Paso county residents with children who are 3 or 4 by Sept. 15 may qualify for a free preschool program.

Classrooms are located at local elementary schools in districts 2, 3, 8, 11, 20, Elliott and Peyton. Children attend school two days a week, either Monday or Wednesday or Tuesday and Thursday, six hours a day.

Call 635-1536 to make an enrollment appointment.

The U.S. Association of Blind Athletes is seeking 140 host families in Colorado Springs to house cast members of Up With People Sept. 10 to 14. The group is an international performing arts group with cast members from all over the world.

For more information, call Kim King at 630-0422.

The Kids Resource Network is looking for a few good people interested in working with kids and families. If interested, call 227-7477.

Fitzsimons Army Medical Center is holding its homecoming Sept. 12 from 10 a.m. to 4 p.m.



**BOSS**

"Better Opportunities for Single Soldiers"

The Boss program holds town hall meetings every quarter at McMahon Theater from 1 to 3 p.m. Single soldiers interested in joining BOSS are invited to attend meetings every 2nd and 4th Thursday of the month.

BOSS is open to all ranks, single parents and single Air Force personnel working at Fort Carson.

The Boss Appreciation Day is Aug. 28 from 7:30 a.m. to 5 p.m. at Ironhorse Park. There will be food, fun, games and

Military Briefs

The Central Issue Facility closes every Thursday at 11:30 a.m. and, beginning Sept. 8, every day from 11 to 11:30 a.m. The CIF closes Sept. 3 and 4 for 100-percent inventory and Sept. 7 in observance of Labor Day. Normal business hours resume Sept. 8. For more information, call 526-6477.

Accident Avoidance Training will be conducted from 8 a.m. to noon Sept. 2 and 3 at McMahon Theater. Attendees must sign in under their respective directorates and be seated by 8 a.m. The training is mandatory for all military and civilian vehicle drivers not assigned to tactical units. Drivers must attend one of the sessions.

The 4th Finance Battalion is now receiving and reviewing all travel vouchers. Soldiers can turn their vouchers in to their Personal Administration Center or bring them directly to the customer service counter in building 1220. People should no longer submit travel vouchers to the Directorate of Resource Management. For more information, call 524-1125.

Applications are now being accepted for the Judge Advocate General's Funded Legal Education Program. This program

The Fort Carson Criminal Investigation Command has begun full operation of its Fraud, Waste and Abuse Hotline. The hotline allows members of the community to report incidents of suspected fraud, waste and abuse. To report suspected cases of fraud against the government, call the hotline at 524-1120. Callers can remain anonymous and all information is confidential. Callers must, however, leave enough information

allows the selection of 15 Army officers to attend law school at government expense while on active duty. Candidates must have at least two, but no more than six years of active duty at the time law school commences. Eligible officers interested in applying should register for the fall Law School Admission Test. Applications must be sent through the candidates chain of command and be received by their branch no later than Nov. 1. For more information, call 526-1441.

Annual leave donors are needed to help cover the absences of Darlene Dowd and Tina Adamic, due to the exhaustion of their available paid leave. Civilian employees willing to donate annual leave under the Voluntary Leave Transfer Program can obtain leave donation forms from your administrative/personnel section. Completed forms should be forwarded to your Leave Approving Official for approval and then to the customer service representative at the Directorate of Resource Management. For more information, call 526-7248.

Sand Canyon Road is closed for construction until Sept. 30. Units traveling down-range must use alternate routes. The Central Issue Facility new business hours are: Monday, Tuesday, Wednesday, and Friday from 7:30 a.m. to 3 p.m.; Thursdays from 7:30 to 11 a.m. Emergencies during nonbusiness hours will be handled on a case-by-case basis. For more information, call 526-6477.

An Army ROTC Green to Gold brief is scheduled every Tuesday at the Education Center, in room 203C at 11:30 a.m. For more information, call 262-3611. The 43rd Engineer Company is conducting live-demolition training on ranges 41 and 43, through Aug. 21. The exercise is being conducted 24 hours a day. For more information, call 526-6923. Smoke is scheduled to be used at

Fort Carson's Criminal Investigation Command announces a \$5,000 reward was paid for information that led to the identification, apprehension and conviction of the perpetrator concerning recent vandalism and arson of the Soldiers Memorial Chapel. CID announces the following rewards. A \$25,000 reward for information leading to the identification, apprehension and conviction of the perpetrator(s) concerning the death of Pfc. Jason Chafin. Contact Special Agent Perdue at 526-3991. A \$500 reward for information leading to the identification, apprehension and conviction of the perpetrator(s) involved in a larceny of a Don Stivers numbered print (number unknown) titled The BRAVE RIFLES in World War II, Task Force Polk Patrols the Saar, at building 2460, 3rd Armored Cavalry Regiment, between April 21 and 22. The print was signed by Gen. Polk, double matted and framed in a rustic cherry frame. The perpetrator(s) also stole a 3rd ACR poster titled 3rd U.S. Cavalry, 1846 signed by Command Sgt. Maj. Steiner and Col. Dempsey. Contact Special Agent Brian Phillips at 526-4365. A \$500 reward for information leading to the identification, apprehension and conviction of the perpetrator(s) involved in a larceny of two automotive work tables from building 580, Pueblo Army Chemical Depot, between Feb. 19 and Oct. 2, 1997. Contact Special Agent Hughes at 526-0564. A \$600 reward for information leading to the identification, apprehension and conviction of the perpetrator(s) involved in a larceny of electronic and computer equipment from Garcia Physical Fitness Center between 10:15 p.m. Oct. 31, and 9:15 a.m. Nov. 1, 1997. Contact Special Agent Christian at 526-0547. A \$500 reward for information leading to the identification, apprehension and conviction of the perpetrator(s) involved in a

Sports & Leisure Athletics

The Colorado Avalanche will play its Burgundy/White game Sept. 15 at the Colorado Springs World Arena at 6:30 p.m. The Colorado Springs World Arena will put tickets for the Avalanche Burgundy/White game on sale at 10 a.m. Saturday. Two of the premier players for the Avalanche and in the NHL, Joe Sakic and Peter Forsberg, will face-off on Sept. 15. The game will also feature the top-40 players at the Avalanche training camp, which includes Patrick Roy and other members of the 1997-98 team. Ticket prices will be \$15 for lower bowl reserved seats and \$10 for upper bowl, general admission. Tickets can be purchased at the Information Tour and Travel office here and at the Air Force Academy the Colorado Springs World Arena Box office by calling 576-2626, or at the Citadel Mall, Independent Records and Video, Colorado Music Hall and the Pueblo Convention Center.

The outdoor swimming pool is holding the last swimming lessons for advanced, beginner and pre-school levels. The classes are held three times a day for

each category, from 8:30 to 9:15 a.m. for the first class; 9:30 to 10:15 a.m. for the second class; and 10:30 to 11:15 a.m. for the third class. The date for the session is now through Aug. 28. The cost for the class is \$20 per session. Fort Carson will hold the inaugural Half Marathon here Saturday. The event will be open to soldiers, members of the Colorado Springs military community and the general public. For more information call Richard Baldwin at 526-2151.

The Pride Soccer Club of Colorado Springs is looking for boys, born between Aug. 1, 1985 and July 31, 1986, to play on one of their competitive soccer teams for the upcoming fall and spring seasons. According to Pride officials this is a great opportunity for young men to play competitive level soccer here. The Pride plays in the Colorado State Youth Soccer Association. The games are usually played each Saturday once the season begins. The season consists of 10 games. Five games are at home and five games are away, usually in the Denver area. The fall season to runs from Saturday to Oct. 31. The spring season will begin sometime in March. Cost for participation is \$110 per person. Anyone interested in further information can contact Bob Kimsey at 535-6754 at work, or

594-0787 at home. For more information on other soccer playing opportunities for boys and girls call 597-6700. The Colorado Springs Sports Corporation is hosting the ninth annual Pikes Peak Mountain Bike Challenge Saturday. The race involves riding eight grueling miles to the summit of Pikes Peak. Starting at an elevation of 11,000 feet and climbing the 3,110 feet to the summit at 14,110 feet. Once you have reached the summit you get your reward, the chance to ride down. The race is open to riders of all experience levels. Registration begins at 5 a.m. at the old ski area parking lot on the Pikes Peak Highway. The challenge begins at 6 a.m. Each participant will receive a race T-shirt, a one-day membership to the National Off Road Biking Association, entrance to the mountain, breakfast and a gift bag. Cost to participate is \$25 for NORBA members and \$28 for non-NORBA members. A \$10 charge will be added for event day registration. The CSSO is a non-profit organization whose goal is being a leader in advancing sports for the economic and social benefit of the citizens of the Colorado Springs community and the Pikes Peak region. For more information on the race or CSSO, please contact Cindy Allen at 634-7333 or stop by the office at 12 East Boulder Street in Colorado Springs.



# Get Out!

## More clowns

The Jordan World Circus is coming to Penrose Stadium Aug. 29 and 30. Show times Aug. 29 are at 2 and 7 p.m. Show times Aug. 30 are at 1 and 5 p.m. Jordan World Circus is one of the largest three-ring circuses in North America. Discount advance tickets are available at Information, Tour and Travel for \$6 for adults and free tickets for children under age 12. At the gate, tickets will cost \$9 for adults and \$5 for children under 12.

## Band music

The United States Air Force Band of the Rockies has announced its schedule of recitals in the Music Room at the Colorado Springs Fine Arts Center, 30 W. Dale St A flute and piano recital will be Sept. 29. Clarinet and euphonium will be featured Oct. 13, voice and bass trombone Nov. 24, and a holiday concert Dec. 15.

All performances are free and open to the public. No tickets are required.

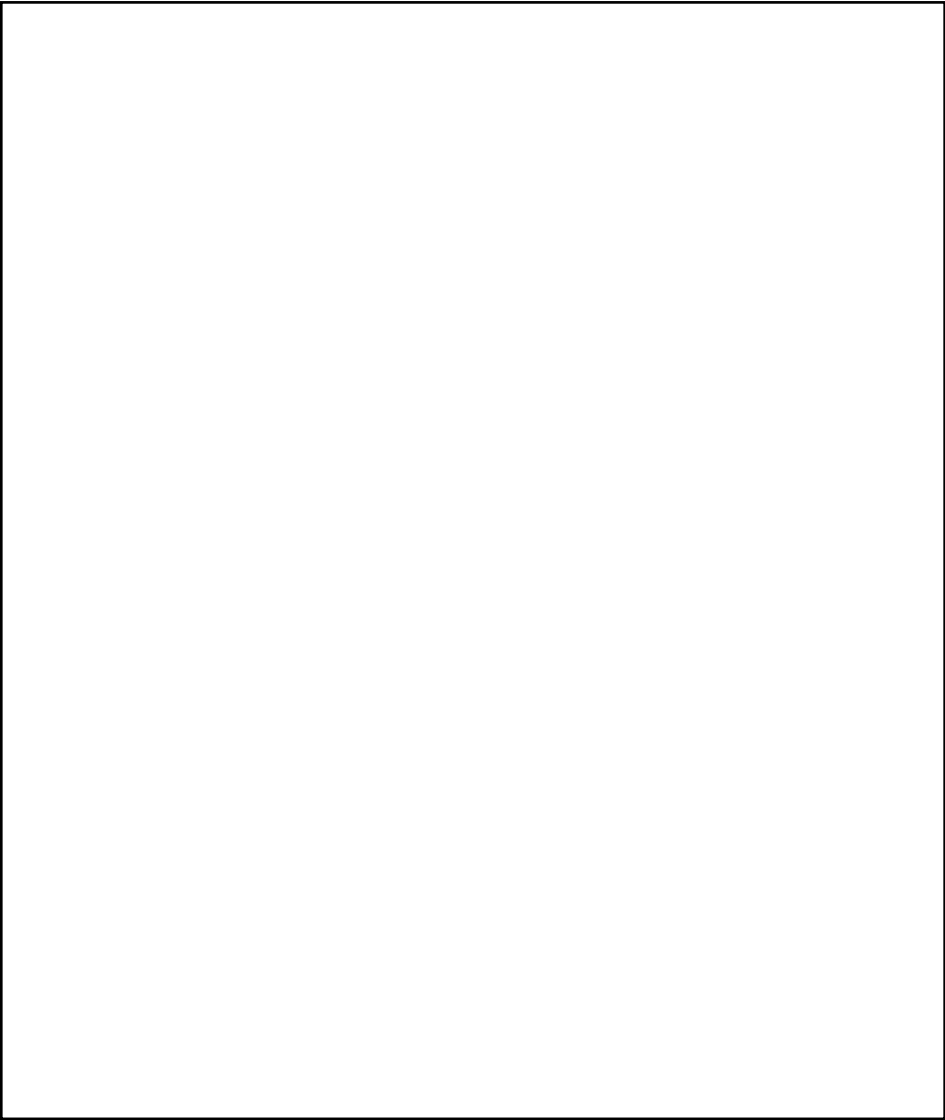
## Visit the zoo

Military Days at the Zoo, sponsored by the United Services Organization and Cheyenne Mountain Zoo will be Sept. 12 and 13, from 9 a.m. until 3 p.m. The discounted admission price is \$4.25 for adults and \$2.25 for children ages 3 to 11. A military ID must be shown. Tickets may be purchased through the USO at 207 N. Nevada Ave., or at the USO booth at the zoo on those days.

The Cheyenne Mountain Zoo is located near the Broadmoor Hotel. Go to the hotel (follow the signs from Hwy 115 going north, or from the Circle Drive exit of I-25.), go around the hotel on the right, and follow the zoo directional signs.

## Balloons, balloons

The annual balloon classic is scheduled for Labor Day Weekend in Memorial Park. Anyone interested in volunteering to help make the balloons go up or any number of other tasks should send in the volunteer sign up form printed on



this page.

## More musicals

This season's musical line-up at the Fine Arts Center begins with

My Fair Lady Oct. 2 to 18. Cinderella plays Dec. 4 to 29, and Forever Plaid is set for Feb. 12 to 27. The last musical of the season will be The Unsinkable

W orth Hearing

Ratings:  
☆☆☆☆  
5 = a must buy  
4 = pitch in with a friend  
3 = see if a friend bought it  
2 = wait for radio release

Artist: Ultrababyfat  
Title: Silver Tones Smile  
Label: Velvet  
Tracks: 13  
Time: 58:40  
Rating: ☆☆☆ 1/2  
by Mark Simon  
Mountaineer columnist

Last week in this space, I told you about the latest release from The Mumdurs. This week another grl group takes the spotlight. Like The Mumdurs, Ultrababyfat is two very focused musician/songwriters who, along the way, picked up pieces and parts to fill out their band. The songs on Silver Tones Smile even sound similar to The Mumdurs Blender, not that that s a bad thing.

Ultrababyfat started out when Shonali Bhowmik and Michelle DuBois met in grade school to practice the violin together. Their friendship and songwriting grew through high school, college and even law school. The years of collaborating, and just hanging out together, have created a powerful collection of songs. Their inspiration comes

from things around them, but mostly from relationships (and) screwed up peers. The first song on Silver Tones Smile, Twist seems to be about one of those screwed up peers. Or it could be about relationships as the lyrics talk about Twist(ing) my arm to love you. Most of the other songs seem to have some sort of reference to relationships

Musically, Ultrababyfat moves from straight ahead pop to punk to a bit of psychedelia mixed in. The blending of the musical styles is most evident in 100 Watts, a sad song of love gone bad. All through Silver Tones Smile you can hear bits and pieces of the music the girls grew up with.

It could be that Ultrababyfat will be just another in a line of grl groups that may have a hit single or two and may get asked to be on the Lilith Fair in the future. It could also be that, if the songwriting skills of Bhowmik and DuBois grow, Ultrababyfat will be one of the proto-typical bands, of any gender, of the late 90s. Only time and airplay will tell which way they will go. Silver Tones Smile just misses the mark of being a must have only